

“And Jesus said to him, ‘Follow Me.’”

John 1:43

*To us, He gives the same call...
“Follow Me.”*



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The following stations focus on how to effectively and consistently live the disciple life.

Take a moment to assess where you stand in Bible study, Scripture memory, sharing your testimony, evangelism, Christian fellowship.



“So Jesus said to the Jews who had believed him, “If you abide in My word, you are truly My disciples, and you will know the truth, and the truth will set you free.”

John 8:31,32



Abide:

Do not depart. Continue to be present.
Hold fast to a thing. Persevere.

To abide in Jesus' word:

- Know what Jesus said.
- Obey everything He commanded.
- Keep studying to gain greater understanding.
- Persevere even when it's hard.



Commit to abide:

- Read Scripture daily.
- Dig in to the passage to understand how it applies to your life.
- Ask God what changes He wants you to make.
- Obey by making changes as He leads.
- Repeat every day.



*“Be diligent to present yourself
approved to God, a workman who does
not need to be ashamed, handling
accurately the word of truth.”*
2 Timothy 2:15



To be **diligent** is to exert oneself in knowing the Word of God through Bible study, Scripture memory, and practical application of truth.

Diligence in knowing the Word of God is not a suggestion for the disciple of Christ. *It's a command.*

Ask yourself:
How well do I know the Bible?



Commit to these three actions:

1. Read at least one chapter of my Bible daily.
2. Consult a commentary or other resource for help with passages I don't understand.
3. Make a plan to work through one book of the Bible at a time.
4. Ask God to show you a lesson for today from each day's reading.



*“I have stored up Your Word
in my heart that I might not sin
against You.”*

Psalm 119:11



God's Word can protect us from sin...
if we are wise enough to have it in our
hearts when we need it.

To **store** God's Word in our heart is to
hide it by memorizing it, treasuring it,
and keeping it fresh so you can remember
it in times of temptation.

How much Scripture can you quote
accurately with the reference?



Commit to these three actions:

1. Print the sheet of Scripture cards (at the end of this PDF) and cut them apart. Laminate them if you can.
2. Read through the cards morning, noon, and night each day. Read them aloud at least once each day.
3. Choose one verse to memorize each week and quote it daily. As you memorize additional verses, quote all of them daily.



*“Then Jesus said to His disciples,
‘If anyone wishes to come after Me,
let him deny himself,
and take up his cross daily,
and follow Me.’”*

Luke 9:23



Deny himself:

Lose sight of oneself and one's own interests.

When we deny ourselves, we do not automatically do what we want. We choose to do what Jesus wants instead.



Commit to these two actions:

1. For one entire day, ask God what He wants before you make any decision, no matter how small.
2. Make a commitment to deny yourself something you want to do and instead do something God wants, either extra Bible study, time spent learning verses, or sharing your testimony.



“But seek first His kingdom and His righteousness; and all these things shall be added to you.”

Matthew 6:33



“Seek first” is not a suggestion. It’s a command and means we are to seek God’s Kingdom and His righteousness before anything else.
It’s a question of priority.

Ask yourself:
What do I seek first, before anything else? God’s will or mine?

Commit to these four actions:

1. Take a few moments to consider your priorities and make a list of your top five.
2. Review your list. What would you be willing to live without?
3. When you delete all but one, what's left?
4. If your priority is not Jesus, what needs to change? Will you make the change?

“Repent, therefore and return, that your sins may be wiped away in order that times of refreshing may come from the presence of the Lord.”

Acts 3:19



Repentance is not only the beginning of our relationship with Jesus, it's a life-long part.

When we admit our wrong doing and ask for forgiveness, we will receive both forgiveness and refreshment.

Ask yourself:
For what should I repent today?



Commit to this one thing:

Before you go to sleep tonight, ask God to reveal any unconfessed sin and take a few minutes to admit your failure, repent, ask for forgiveness, and thank God for His faithfulness to forgive, restore, and refresh.
Make this a daily habit.



*Rejoice always;
pray without ceasing;
give thanks in every circumstance;
for this is God's will for you in Christ
Jesus.*

1 Thessalonians 5:16-18



“In every” encompasses every situation, trial, or difficulty we encounter, as well as those happy things for which we are truly grateful.

We may not “like” every difficulty in life but God expects us to find something for which we can give thanks.

Ask yourself:

In what hard thing do I need to find a reason for thanks today?



Make this difficult commitment:

Consider the hardest thing you've ever encountered. Turn your attention to the hard and ask God to show you something in that situation for which you can be truly grateful then offer a prayer of thanksgiving.



But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”

Acts 1:8



We are given the power of God in us through the Holy Spirit. It's all the power we need to tell the story of how God transformed our lives because of the blood of Jesus.

The wonder-working, soul-changing power of God can help us speak into the darkest night, the most profane soul and, bring the light of Jesus to redeem and transform.



Jesus left no doubt with His words.
The Holy Spirit **will** give us power.
We **will** share our witness of what He's
done in our lives.

Sharing our witness is not optional.

Make one more commitment:
Tell someone today about what Jesus
has done for you.





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